



## THE OAKS PUBLIC SCHOOL

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19<sup>th</sup> July 2017

### **Gymnastics 2017 and Zumba Kids** **Term 3, Week 2 – Week 10**

Dear Parents and Caregivers,

Due to the success of “Zumba Kids” in recent years, students will be once again participating in a Physical Education program that combines “Gymnastics” and “Zumba Kids” during Term 3.

“Gymnastics” is an 8 week gymnastics program that is presented in school by qualified instructors, who team teach with the class teachers, so that all participants receive considerable instruction and are monitored on all activities. Students learn techniques for balance, rolling, beam work, mini tramp and the elements of movement using a range of gymnastic equipment. Safety is paramount with this program. Each class is scheduled to visit the gym for 40 minutes each week. The complexity of the challenges is increased from stage to stage, as well as week to week for the duration of the course.

In the “Zumba Kids” program, we are aiming to increase the time students spend doing physical activity to meet Department of Education recommended guidelines. This is a program for the whole school. The lessons are presented by a qualified instructor. Students will be participating in a 40 minute session each week, which involves warm-ups, dances and music designed for each age level, games that require cooperation and whole body movement and cool-downs. “Zumba Kids” helps to build confidence in movement while having fun at the same time.

Students will need to be dressed in sport uniform and joggers on a Thursday during Term 3 while the two programs are running. It is a weekly program, with the exception of Week 8 due to the Concert.

**IT IS ENVISAGED THAT ALL STUDENTS PARTICIPATE IN THIS CURRICULUM CENTRED, PHYSICAL DEVELOPMENT PROGRAM.**

Similar to recent years, we applied for a funding grant through Sporting Schools Australia, in order to pass on a subsidised cost to students. This application was submitted during Term 2, however, the school only received confirmation that the application was successful during the school holiday period.

**Written permission and payment by a parent/carer is required for your child to undertake this program. However, due to the program beginning next week, we are asking that you sign and return the PARTICIPATION PERMISSION NOTE first, so that your child can begin the program next Thursday, 27<sup>th</sup> July 2017.**

Payment for this program will be due no later than **Tuesday, 8<sup>th</sup> August 2017**.

**The total cost per child for both programs is \$43 for the whole term.**

Financial assistance may be available for some families experiencing hardship. Please contact Mrs Godkin for a private discussion on School Assistance plans.

*Please ensure that you read the permission slip carefully. **The PEMRMISSION TO PARTICIPATE note needs to be returned to the office before next Thursday, 27<sup>th</sup> July 2017**. Without a signed permission slip, your child will not be permitted to participate in any of the activities.*

*Failure to pay for this program by the due date of 8<sup>th</sup> August 2017 will render your permission invalid and your child will be excluded from participating in any further Gymnastics and Zumba Kids sessions.*

If you have any questions regarding these programs, please contact Mrs Grieve via the school office.

Kind regards,

K. Grieve  
Sport Coordinator

L. Godkin  
Rel. Principal



**The Oaks Public School**  
**Gymnastics and Zumba 2017**



**PERMISSION TO PARTICIPATE**

Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_

I give permission for my son/daughter/ward to participate in the Gymnastics and Zumba Kids Program.

☐ I enclose payment of \$43 for 8 weeks of instruction in the Gymnastics and Zumba Kids Program.

☐ I have made an online payment. My receipt number is.....

**OR**

☐ I understand payment for this program is to be made NO LATER THAN **Tuesday, 8<sup>th</sup> August 2017**.

\_\_\_\_\_  
Parent/Caregiver Signature

\_\_\_\_\_  
Parent/Caregiver Name

\_\_\_\_\_  
Date